## Best Practices

## Return to play

## RETURNING TO PHYSICALPLAY

## $\left.\begin{array}{c|c}\text { LEVEL } 1 \\ \text { Virtual }\end{array}\right\rangle$ LEVEL 2$\rangle$ LEVEL $\left.3 \begin{array}{c}3 \text {-Young 4-6:1 } \\ \text { Older 4-5 - } 8: 1 \\ \text { 6-Older-10:1 }\end{array}\right\rangle \begin{aligned} & \text { LEVEL } 4 \\ & \text { Standard }\end{aligned}$ <br> Four Levels of Play

Levell: Stay @Home

- No Physical Play: Virtual and Live Stream Classes Only
- No Organized Physical Activities
- Follow Local, State and Federal Guidelines

Level II: Individual Training

- 1:1 Maintain Social Distancing Practices

Level III: Age Specific Ratio Play

- Zonal Play Based on Age Groups
- Maintain Social Distancing Practices

Level IV: Standardized Play

- No restrictions related to COVID-19

| SOCCETStars Reln |  |
| :---: | :---: |
| ACTION | PLAN |
| $\rightleftharpoons$ | Equipment wiped down with disinfectant wipes at the start and end of every clas Temperature checks conducted for participants and coaches at the start of cla Coaches will have scheduled Hand Sanitization before, during \& after class. Coaches will be provided with face masks. <br> Weekly staff wellness checks are conducted $\qquad$ $\qquad$ |
| class format |  |
|  | Spectator Restrictions Spectator attendance reduced to one caregiver per familiy, all will be required to stand 6 ft from <br> Parents/Teachers responsible for bringing hand sanitizer. <br> No use of public water fountains. <br> Parents/children/coaches will bring their own water bottles <br> Children \& parents with exposure to COVID-19 must report and follow CDC/DPH guidelines. <br> If your child is sick, stay home. |
| $\begin{aligned} & 882 \\ & \text { eoulpment } \end{aligned}$ | Participants Required to bring their ball. Those that do not have a ball will be provided a labelled ball. No use of pinnies, stickers, tunne No issuing of name tags in class. |
| $\square_{\text {ADVISORIES }}$ |  |
| GONTAGT SOGEER STARS FOR UPDATE *Subject to change per the instruction and recommendations of the CDC \& Local Health Officials <br> *Subject to change per the instruction and recommendations of the CDC \& Local Health Officials *oaches will be provided with disinfectant wipes, masks, sanitizer, \& tissues |  |
|  |  |

Equipment wiped down with disinfectant wipes at the start and end of every clas Coaches will have scheduled Hand Sanitization before, during \& after class. Coaches will be provided with face masks.
Weekly staff wellness checks are conducted for coaches.
Clearance from a health care professional will be required before returning to work
ers wilbe notled in the event that a participant has been expose

## LEVEL1

Limited Class Size based on each locations requiremen
Physical class sizz will begin at level 12 (1:1), with a gradual increase to leve 5 , , class
fill of 12 participants (standard Soccer Stars ratios apply). Dependent on CDC \& LHO recommendations. Children w

No multichild activities
Coach will use verbal specific labeled affirmation in addition to non-verbal ways to celebrate

## Spectator Restrictions

Spectator at
each other.
Parents/Teachers responsible for bringing hand sanitizer.

教 2 white required to bring and wear face masks.
Children \& parents with exposure to COVID-19 must report and follow CDC/DPH guidelines.

Those that Required to bring their ball.

Noirtual stickers will be provided.

## Increased time between classes

min between classes to alow participants to leave/enter playing area Coaches will cover mouth \& nose with a tissue when sneezing or coughing followed by
washing hands. Coaches \& paren

## Spectator Restrictions

Spectator attendance reduced to one caregiver per familiy, all will be required to stand 6 ft from each other.
Parents/Teachers responsible for bringing hand sanitizer.
No use of public water fountains.
Parents/children/coaches will bring their own water bottles.
Children above age 2 will be required to bring and wear face masks.
High risk individuals encouraged not to attend. (e.g: asthma, high blood pressure)
Children \& parents with exposure to COVID-19 must report and follow CDC/DPH guidelines.
If your child is sick, stay home.

 which is placed 6 ft away from others.


## 



SOCCETSTE/S REINTEGRATION PLAN
super soccerstars

## ZONAL PLAY

Children will stand and play on their own place marker which is placed 6ft away from others.


