

Atkinson Pool Rules & Regulations

Atkinson Pool reserves the right to modify operating hours, schedules, and these Rules & Regulations at any time. All patrons are expected to comply with these rules and follow the directions of Recreation staff.

Patron Conduct

The Town of Sudbury is committed to providing a safe, welcoming, and family-friendly environment for all patrons and staff.

Patrons must treat other guests and Recreation staff with courtesy and respect. Disruptive, disorderly, abusive, threatening, or disrespectful behavior, including harassment, profanity directed at others, intimidation, refusal to follow staff instructions, unsafe conduct, or behavior that interferes with the safe operation of the facility is strictly prohibited.

Recreation staff, lifeguards, and pool supervisors have the sole authority to determine whether a patron's behavior is unsafe, disruptive, or inconsistent with these rules.

Individuals who fail to comply with staff directions or whose conduct creates a safety concern or disrupts the enjoyment of others may be required to leave the facility immediately. Serious or repeated violations may result in suspension or revocation of pool privileges without refund.

General Rules

- Memberships are non-transferable and non-refundable.
- A cleansing shower is required before entering the pool (State Health Code).
- Enter and exit the pool through the locker rooms only.
- Street shoes are prohibited on the pool deck.
- Swimmers who are not toilet trained must wear a swim diaper covered by waterproof rubber pants.
- Spitting, blowing your nose, or releasing bodily fluids into the pool is prohibited.
- Food, drinks (except water), gum, and candy are not permitted on the pool deck or in locker rooms.
- Glass containers are prohibited anywhere in the facility.
- Alcohol, smoking, vaping, and drugs are prohibited.
- Proper swim attire is required. Gym shorts, cut-offs, and street clothing are not permitted in the pool.
- Wet swimsuits are not permitted in lounge areas.
- Animals are prohibited except service animals.
- Children age 6 and older must use the locker room corresponding with their gender.
- Children age 12 and under must be supervised by a parent or responsible person age 16 or older.

Child Safety

- Children who cannot swim independently must remain in the shallow end and stay within arm's reach of a supervising adult at all times.
- Children using flotation bubbles must remain in the shallow end with an adult within arm's reach.

- Only flotation devices provided by Atkinson Pool or U.S. Coast Guard-approved flotation devices are permitted. Staff may inspect approval labels.
- Inflatable flotation devices and swimsuits with built-in or sewn-in flotation are prohibited.

Facility Conduct

- Running, horseplay, rough play, excessive splashing, throwing objects or people, and excessive noise are prohibited.
- Patrons must follow all instructions from lifeguards and pool staff immediately.
- Disruptive, unsafe, abusive, or disrespectful behavior may result in removal from the facility without refund.

Lap Pool Rules

- Lap swim is for patrons age 14 and older actively swimming laps.
- Individuals with communicable illnesses, open wounds, unprotected cuts, blisters, or contagious skin conditions may not use the pool.
- Diving is prohibited in the lap pool.
- Do not sit on, hold onto, or swim over lane lines. Cross underneath lane lines only when necessary.
- Forward jumps from the pool edge are permitted. Backward jumps, flips, twists, and spins are prohibited.
- Pool equipment may only be used with lifeguard approval. Patrons may not enter storage areas.
- Children may not ride on another person's shoulders.
- Masks are permitted only for lap swimmers with a medical note or during approved scuba instruction.
- Starting blocks may only be used during supervised swim team practices, lessons, or instructor-led activities.
- The family swim area is reserved for family recreation.

Dive Well Rules

- Patrons must demonstrate the ability to swim one full pool length using the front crawl before using the diving well.
- Flotation devices, bubbles, and toys are prohibited in the diving well.
- One person is permitted on the diving board at a time.
- Divers may take one forward jump or dive before exiting immediately.
- Do not dive until the previous diver has reached the ladder.
- During family swim, only one diving board is open.
- Jumping from the deck into the diving well is only permitted when the diving boards are closed.

Failure to follow these rules may result in suspension or revocation of pool privileges.